

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Nursery	<p>12 Fundamental skills that the children will be introduced to through continuous and extended provision:</p> <p>One leg balance/seated balances/floor work/stances/balances on a line/jumping and landing</p> <p>Counter balance with a partner/sending and receiving a ball/ ball skills/footwork</p> <p>Ball chasing/reactions and response.</p>					
Reception	<p>Real P.E - Footwork and one leg balance</p>	<p>Real P.E - jumping and landing/seated balances</p>	<p>Real P.E - Dynamic balances and stances</p> <p>Real Gym – Shape/rotation/flight/travel</p>	<p>Real P.E - Ball skills and counter-balance</p> <p>Real Dance – shapes/partnering/artistry/circles</p>	<p>Real P.E - sending and receiving/reactions</p> <p>Swindon Academy coaching – invasion games</p>	<p>Real P.E - Ball chasing and Floor work</p> <p>Swindon Academy coaching – invasion games</p>
Year 1	<p>Real P.E - Coordination and balance</p> <p>Real Dance – shapes/partnering/artistry/circles</p>	<p>Real P.E - jumping and landing/seated balances</p> <p>Real Gym – Shape/rotation/flight/travel</p>	<p>Real P.E - Dynamic balances and stances</p> <p>Swindon Academy coaching – invasion games</p>	<p>Real P.E - Co-ordination and counter-balance</p> <p>Swindon Academy coaching – invasion games</p>	<p>Real P.E - sending and receiving/reactions</p> <p>Tag Rugby</p>	<p>Real P.E - Ball chasing and Floor work</p> <p>Athletics</p>
Year 2	<p>Real P.E - Footwork and one leg balance</p> <p>Real Dance – shapes/partnering/artistry/circles</p>	<p>Real P.E - jumping & landing/seated balances</p> <p>Real Gym – Balance/rotation/flight/travel</p>	<p>Real P.E - Dynamic balances and stances</p> <p>Swindon Academy coaching – invasion games</p>	<p>Real P.E - Ball skills and counter-balance</p> <p>Swindon Academy coaching – invasion games</p>	<p>Real P.E - sending and receiving/reactions</p> <p>Tag Rugby</p>	<p>Real P.E - Ball chasing and Floor work</p> <p>Athletics</p>

Year 3 & 4	Real P.E - Footwork and one leg balance	Real P.E - jumping and landing/seated balances Real Dance – shapes/partnering/artistry/circles	Real P.E - Dynamic balances and ball skills Real Gym – Balance/rotation/flight/travel	Real P.E - sending and receiving/counter balance Swimming	Real P.E - reactions and floor work Swindon Academy coaching – invasion games	Real P.E - Ball chasing and stances Swindon Academy coaching – invasion games
Year 5	Real P.E - Ball skills and reactions Swindon Academy coaching – invasion games	Real P.E - Dynamic balances/counter balances Swindon Academy coaching – invasion games	Real P.E - Stances and footwork Real Gym – Partner work low apparatus	Real P.E - Seated balance and floorwork Real Dance – shapes/partnering/artistry/circles	Real P.E - Jumping and landing/one leg balances Tag Rugby	Real P.E - sending and receiving/ ball chasing Athletics/Cricket
Year 6	Real P.E - Ball skills and reactions Swindon Academy coaching – invasion games	Real P.E - Dynamic balances and counter balances Swindon Academy coaching – invasion games	Real P.E - Stances and footwork Real Gym – Partner work low apparatus	Real P.E - Seated balance and floorwork Swimming Real Dance – shapes/partnering/artistry/circles	Real P.E - Jumping and landing/one leg balances Tag Rugby	Real P.E - sending and receiving/ ball chasing Athletics/Cricket